

## OPENING REMARKS

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on the basic topic:

### RELATIONS BETWEEN STUDENTS INVOLVED IN PHYSICAL EDUCATION AND TRAINING PROCESS FOR ANTHROPOLOGICAL STATUS AND SPORT RESULTS IMPROVEMENT

**14<sup>th</sup> INTERNATIONAL SCIENTIFIC AND PROFESSIONAL CONFERENCE**  
**Veles, 22<sup>nd</sup> – 23<sup>rd</sup> April, 2016**

*Dear participants,*

*Situation of the 14<sup>th</sup> International Scientific and Professional Conference is very actual question in all social and national environments. It is understandable, because it is integrated in dominant functions of personal and social interests of youth and students.*

*Actually, among the other, it stems from the need for satisfying the biological function for preserving and development of the anthropological capabilities and characteristics, and particularly their motor and functional capabilities in the context of health fitness.*

*Within this perception, the casual link is certainly present in realization of young people's democratic right to participate in sport activities with humanization elements and achieve their average and higher sport results that are of particular importance for affirmation of the national interests of any country.*

*Therefore, the basic topic of this Conference has been defined. In this occasion, we will address some of the questions whose perception requires undertaking of possible measures for their solution.*

*Accordingly, we have been guided by the assumption that these questions are of public interest and they can be discussed by all, but only qualified professional staff can contribute for most of them.*

*In so far practice, more significant results have been achieved in realization of activities in phy-*

*sical education and sports of youth. However, it does not mean that no further adequate measures or program activities are necessary to be taken for the present situation improvement.*

*This fact obliges us to pay more professional, scientific and research attention in programming and realization of the organizational and methodological procedures and forms of work in curricular and extracurricular activities of the physical education and sport activities.*

*Among the rest, these procedures and forms include diagnostics, monitoring, management and control, and consequently programming of curricular and extracurricular contents for improvement of the anthropological status dimensions and characteristics.*

*One of the current questions is RELATIONS BETWEEN STUDENTS INVOLVED IN PHYSICAL EDUCATION AND TRAINING PROCESS FOR ANTHROPOLOGICAL STATUS AND SPORT RESULTS IMPROVEMENT, in respect of preparations and mass participation in curricular and extracurricular activities, defined as school sport competitions and students' participation in the training process in sport clubs.*

*In the previous period, remarkable results have been achieved in methodological and methodical knowledge.*

*However, there is still room for more quality and more efficient application of scientific and research methods for improvement of the students' anthropological status as one of the foundations for more mass participation in a sense of achieving better results in school sport*

*competitions and training process in sport clubs.*

*The training process of students who have been selected and included in sport clubs is realized in continuation several times a week, which is not the case with students who are only included in regular physical education classes.*

*In this way, certainly, students included in sport clubs generally have a higher level motor and functional capabilities, as well as adopted technical knowledge in realization of relevant sport discipline.*

*It is clear that this situation has adverse equal treatment of students in preparations and participation in school sport competitions.*

*Actually, students included in sport clubs are often included in school sport teams too and participate in school sport competitions.*

*Accordingly, this situation discourages students who want to take part in school competitions, and it has inadequate reflection of the greater mass competitions. Besides, there is a frequent occurrence of adverse emotions and motives in such competitions.*

*Because of such situations, there is a need for better cooperation between physical education and sport activities teachers and sport coaches, first of all, junior coaches in certain sports that have been defined in programs for school sport activities.*

*This cooperation should be more manifested in the behavior code of teachers, coaches and students, in the interest of creating teams that are to take part in those competitions.*

*Also, better cooperation is necessary between teachers, students and coaches in sport clubs in student selection for participation in sport competitions and inclusion of junior teams in the training process of sport clubs and sport organizations.*

*This cooperation, of course, should be primarily achieved through engagements for more intensive realization of the students' free activities, in order to enable their everyday physical practice.*

*Taking into account the fact that everyday physical practice is one of the basic human functions and intentions of the physical education and sport activities, actualization and affirmation is necessary for more intensive realization of mass inter class sport competitions.*

*Bearing in mind this perception, and different wishes for students' involvement in certain sports, in the treatment of the relations for the anthropological and health status improvement, as well as in realization of students' sport results, increased number of sport disciplines is necessary in the system of school sport competitions in the forthcoming period.*

*This need is connected with the definition of the present system of sport competitions. Though due to certain circumstances, where financial possibilities are not that problematic, but there are other perception assumptions, the system is dominantly determined by the national competitions that constitute a sustainable system.*

*In this respect, it can be pointed out that this situation still is not a sufficient product of scientific and research assumptions for realization of personal, health and social interests of students included in curricular and extracurricular activities, as well as in the training process of sport clubs.*

*For solving the aforementioned situation, it is necessary to take more dynamic measures and social activities.*

*In this sense, among the other, it is necessary to build and apply systematic measures for motivation, stimulation and rewarding of the physical education teachers and sport coaches, that is sport pedagogues, as well as their continual education through scientific, research, pedagogical and social approach.*

*Also, implementation of these systematic measures should have a strategic character and socialnational treatment for program regulation, with integrated participation of the Agency of Youth and Sports, the Federation of Sports Pedagogues, the Federation of School Sports and other sport federations.*