

THE STATE OF THE PROFESSIONAL STAFF IN BOXING IN THE REPUBLIC OF MACEDONIA

(Professional paper)

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Abstract

A coach is a teacher who organizes and systematically leads the process of learning and training. In this process, the coach provides his athletes with optimal energy and a multitude of information with the received knowledge and information Boxers adopt best, most economical and most rational way. The coach becomes a leader, educator and teacher of young people. Central figure in the boxing club is the coach. Over the past period of a decade, the work in the club has been carried out mostly on the basis of professional experience, intuition and enthusiasm of a great number of boxing experts. On the basis of the survey that was conducted by the author, the Table 1. will list the basic knowledge as staff coaches has Boxer Federation of Macedonia.

Keywords: *coaches questionnaire, Boxing Federation of Macedonia, boxing clubs, boxing competitors, boxing licenses, sporting form,*

INTRODUCTION

Coaches come into this sport from different occupations, students, workers. Increasing number of young people (coaches), achieve great results the way it is in Europe and the world. Sport was practiced in the past by a limited number of individuals, but nowadays it is more available to all people. Sport in the society becomes an important sociological factor, with deep popular character.

Coach is a teacher who leads the process of learning and training in organized and systematic way. Through this process the coach provides his athletes with optimal energy and a multitude of information, where boxers receive knowledge and information in most economical and most rational way. He has the role of a psychologist, the most important thing is to use the knowledge and ability (experience in boxing and professional education). Nature of work often leads to solving many personal problems of the Boxers. He should be able to recognize, understand and adequately interpret a particular phenomenon and to react so that his relationship with the boxer will solve his problems for better.

The coach becomes a leader, a teacher and educator of young people, thanks, among other things his rich

educational and professional knowledge, altogether. He complements the role of the club doctor, because in the absence of a doctor situations sometimes require it, will first observed injury preventive and act immediately. Among coaches, as well as among all other people, personal characteristics are different, as well as the style and manner of training.

The boxers see their coach as the central figure in the club. Field coaching activities is extremely wide and turns the function of the teacher. A good coach is not satisfied only with a good knowledge of boxing as a sport, it should be addressed in the knowledge of the elements of psychology, sociology and medicine.

To achieve higher top results of national competitions, European, World, Olympic games, there is a need for greater theoretical and practical knowledge of coaching. Consistently, only on big competitions with the maximum stress, the boxers build best sports form and experience that follows. Such challenges require coaches to devote particular attention to the changing functional-structural and psychological- stress activities for the full restoration of the functional capabilities of the Boxers. Reaching sports form is a direct result of an athlete's maximum adjustment to different types of training where the coach should, of course, things

“need” to be educated in that specialty, educated with a great many years of experience in practice can be hoped major sports results.

In this period of a decade, the work takes place mostly on the basis of professional experience, intuition, enthusiasm many boxing “experts”. On the basis of the survey that was conducted by the author, Table 1. will list the basic knowledge as staff coaches has Boxer Federation of Macedonia.

Lately, it can be observed a significant lag in education, vocational education and improvement of the coaching staff (common exceptions), and thus falling behind in achieving results at the international level.

DISCUSSION

Of 14 registered clubs, we have clubs where they applied for one, two or three coaches. In this survey in 2012 has a total of 22 coaches.

Table 1. Basic knowledge of boxing staff (coaches) on the basis of level of education, engaging expertise in all registered boxing clubs of R. Macedonia.

<i>Boxing club</i>	<i>Name of the coach</i>	<i>Active in boxing from</i>	<i>Have you been a boxer</i>	<i>Where is employed</i>	<i>Occupation</i>	<i>Education</i>	<i>Vocational Education</i>
BK. Cindy Struga	H. F.	1994.	Yes	Interior Ministry	Chief of police	Construction Faculty	Ranking 1 with star
BK. Ternipe Skopje	J. Dž.	Yes	Yes	Unemployment	High school	High school	Yes
	N. O.	1972 .	Yes	G.T.C.	Security	Primary School	License from BFM
BK. Skendija Tetovo.	E. Š.	1976 .	Yes	Professor.	Professor. in Albanian	Prof. in Albanian	No
	A.R.	2010.	No	Professor.	Prof. of Physical Education	Prof. of Physical Education	No
BK. Defender Bitola	S. G.	1988.	Yes	Interior Ministry	Policeman	Bachelor of law	No
	V.C	1988.	Yes	Macedonian Post	Postman	Traffic Technician	No
BK Universal Skopje		2002.	No	Pensioner	Pensioner	Prof. of Physical Education	No
	V.V.						
BK Cair Skopje	E.S	1979 .	Yes	Unemployment	Unemployment	High school	License by BFM
BK Aperkat Skopje	M.R.	1968 .	Yes	OKTA	Electrician	High school	License by BSJ
	O. S	1990.	Yes	Interior Ministry	Policeman alfa team	High school	No
	M.H	1998.	Yes	Unemployment	Mechanical technician	High school	No
BK AC Prilep	Č.G	2002.	No	Unemployment	Mechanical technician	Mechanical technician	Coaching first class
BK Bargala Stip	Č. P.	1971.	Yes	Municipality	Econom	Higher school coaching	Ranging 2 stars
	D.S.	1972.	Yes	Bargala	Police security	High school	No
	M.I	1999.	Yes	Unemployment	Electrician	High school	No
BK Pelbit Bitola	Z.K.	2005.	No	High school	Prof. of Physical Education	Prof.	No
	Z.M.	1980.	Yes	Unemployment	Worker	Primary School	No
BK Skopje	K.R.	1970.	Yes	Faculty of Physical Education	Faculty of Physical Education	Dr. of Science in kinesiology	Ranking 3 stars
BK. Shkup	H.N.	1995.	Yes	Owner of coffe bar	High school	High school	No
BK. Ohrid	M.M.		Yes	Police security	High school	High school	No
BK. Fighter out-Hilaire Kumanovo	E.S.	1970.	Yes	Unemployment	High school	High school	No

Activity in the pits all coaches is evident. First, like boxers-athletes for their clubs and their careers range from two, eight, ten and twenty years of boxing experience, depending on the age of the coaches. Of 22 coaches, 17 were active competitors or have dealt with boxing as a sport.

Occupation boxing coaches in normal life, what we exist or are professionally involved with different professions. Interior Ministry chief officers, caterers, electricians, mail provider, machine technician, workers, economic, unemployment, providing an Albanian language, professors of physical culture.

Employment boxing trainers in MVR, City Shopping Center, Macedonian Posts, municipality, OKTA, shoe factory Bargala, catering facilities, schools and unemployed.

In education boxing coaches have completed: Faculty of Civil Engineering, bachelor of law, secondary and primary schools, an Albanian language faculty, Professor of Physical Education.

Level of vocational education, from 22 coaches, 16 coaches have no vocational education. Boxer licenses of the Boxing Federation of Macedonia have four coaches. They should give explanation about these licenses. For obtaining a license is necessary to go to seminars organized by BFM in one day to hear certain topics. Obtaining a license is a possibility for the coaches to work with their boxers at home. The license is renewed every year and it don't have a character gaining a degree in certain education. The license allows for that year the coaches may work with the boxers at Home ring. However, a license issued in BFM has no importance for international competitions. License in one or two coaches are issued by the former Yugoslavia. Also limited to the verification of these licenses each year.

We have a coach with finished over Upper school coaching at the Faculty of Sport Culture.

We have a long-time coach with a doctorate in the field of kineziologi who worked the theme of boxing sport. If during the survey, all the coaches were correct and all these questions they answered with photocopies of education or photocopy of vocational education, then I think (the author), the results would have been even more dire (worse).

CONCLUSION

Essential question is whether in this part of the coaching staff after boxing in the Republic of Macedonia their educational, professional, professional commitment to the club, even as a profession, their occupation in their private lives if they have any common ground with the sport Boxing. Is it enough to exist only desire, enthusiasm, engaging with coaching vocation of satisfaction and their personal needs. Can we all expect quality creating athletes-boxers who aspire to participate in international competitions and achieved significant results.

Boxing experts - coaches, using knowledge gained through practice, dealing personally with boxing in his youth or through the experience of their coaches, less successfully make the selection of young boxers, plan and implement training, trying to achieve the sports form of Boxers, but noticed that despite difference technique on all grounds is different from club to club, in terms of European and world trends.

In all these procedures, their work is based on the subjective assessments of the present and future. The writer well acquainted with the situation in the work, particularly in what has been created in many years of work in the boxing sport, concluded that the inclusion of general and vocational education, seminars, scientific knowledge and objective instruments would greatly rationalized procedures and could lead to better results internationally.

Coaches often are studying short seminars in one day, go carrying a confused knowledge, which can be very harmful to the future of young boxers who work.

A striking example is the large number of people with no qualifications in the field of sport, to organize and conduct sports activities in these clubs.

These examples are unusual and illegal, if we know that the law for sport does not allow this practice, because it takes at least post-secondary education in the field of sport for performing any sports activity, with the engagement of qualified experts in the implementation of sports programs activities in sports clubs and organizations is a matter related to the professional supervision.

Boxing Federation is committed to conducting professional supervision of their work by the competent institutions. Coaches need permanent and professional development and consumption of scientific knowledge that will apply in practice.

Faculty of Sport Education should provide guidance to suggest that may be a coach with a minimum of Upper school coaching at FFK educated in three year university education. What opportunities has the candidate for improving education in the areas pedagogy, physiology, psychology, and in cooperation with the Agency for Youth and Sports, legally regulate the status of coaches in clubs.

Will always appear persons completed the Faculty of Sport Culture, clubs will report fictitious as mentors. The same person will not work in the club friendly as necessary the club will be held. But such people, which is the case here, not have dealt with the pit, not familiar with the matter said. The law says Mentoring Club (completed FFK), but in practice this has not proved successful.

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